



Administration Office Area Agency on Aging

(541) 664-6674 • FAX (541) 664-7927 • www.rvcog.org

Senior Advisory Council (SAC) Agenda

Virtual meeting Monday February 02, 2026 1230-230pm

<https://us06web.zoom.us/j/89249620009?pwd=qKymfN131SKQPRswjwyj1fDarOc0ky.1>

Meeting ID: 892 4962 0009 Passcode: 734456 Dial in 1-408-638-0968

- | | | |
|-------|--|---|
| 12:30 | Welcome and Call to Order/Attendance | Natalie Mettler |
| 12:35 | General Meeting Business | Natalie Mettler |
| | <ul style="list-style-type: none"> a) Introductions of guests & public comments b) Review and approval of January 05, 2026, Minutes c) Additions to agenda d) Announcements <ul style="list-style-type: none"> o C&O Chair appointment-Noriko Toyokawa | |
| 12:40 | AAA Leadership Reports | Ann Marie Alfrey, Jon Pfefferle, Monique Clark |
| 12:55 | Aging and People with Disabilities (APD) District Manager's Report | Jeremy Wolf |
| 1:10 | Featured Community Based Organization/Agencies: Bridget O'Connor, RN, BSN, Faculty in Residence, OHSU School of Nursing, Ashland Campus oconnorb@ohsu.edu Bridget will speak about the Ashland Street Nursing Team at OHSU on the SOU campus. | |
| 1:25 | Focus on Diversity, Equity and Inclusion What is Cultural Humility?
https://www.youtube.com/watch?v=XNaXUkdvWzI | Equity Workgroup |
| 1:30 | Standing Committee Reports, as needed- | |
| | <ul style="list-style-type: none"> a. Executive Committee held on the 3rd Monday, 3pm-4pm <ul style="list-style-type: none"> i. Council Development b. Communications & Outreach Committee, Next meeting April 27th <ul style="list-style-type: none"> i. Support Services Committee <ul style="list-style-type: none"> 1. ADRC Advisory Committee 2. Nutrition Advisory Committee c. SAC/DSAC Joint Advocacy Committee d. Home & Community Based Care Committee e. Disability Services Advisory Council held the 1st Monday, 2:45-4:30pm | <p>Natalie Mettler</p> <p>Noriko Toyokawa</p> <p>TBD</p> <p>TBD</p> <p>Diana Burney</p> |

Break

Don't forget to complete Volunteer & Expense Reports and send to Nicole Dirks and Kathryn Zentgraf at

kzentgraf@rvcog.org

541-423-1386155 N 1st Street PO Box 3275 Central Point, OR 97502

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2:00 **Presentation:** Cyndi McAlpine, Third Act Oregon. a group that brings together the political and economic power of Oregonians over age 60 to move local communities in the direction of a more sustainable society and planet, mc Alpine.cyndi@gmail.com

2:30 **Adjourn**

Natalie Mettler

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