



Administration Office Area Agency on Aging

(541) 664-6674 • FAX (541) 664-7927 • www.rvcog.org

Senior Advisory Council (SAC) Agenda

Virtual meeting Monday January 05, 2026 1230-230pm

<https://us06web.zoom.us/j/89249620009?pwd=qKymfN131SKQPRswjwyj1fDarOc0ky.1>

Meeting ID: 892 4962 0009 Passcode: 734456 Dial in 1-408-638-0968

- 12:30 **Welcome and Call to Order/Attendance** Natalie Mettler
- 12:35 **General Meeting Business** Natalie Mettler
 - a) Introductions of guests & public comments
 - b) Review and approval of December 01, 2025, Minutes
 - c) Additions to agenda
 - d) Announcements
 - o Welcome new SAC Member Mike Stanek
 - o Reminder of in-person SAC & DSAC Orientation, Thursday January 29, 2026 10am-130pm
- 12:40 **AAA Leadership Reports** Ann Marie Alfrey, Jon Pfefferle, Monique Clark
- 12:55 **Aging and People with Disabilities (APD) District Manager’s Report** Jeremy Wolf
- 1:10 **Featured Community Based Organization/Agencies:** Bridget O'Connor, RN, BSN, Faculty in Residence for the OHSU School of Nursing, Ashland Campus. Bridget will speak about the I-CAN program at OHSU on the SOU campus. The I-CAN serves all ages, including older adults. occonnorb@ohsu.edu
- 1:25 **Focus on Diversity, Equity and Inclusion** Equity Workgroup
Age doesn’t define you <https://www.youtube.com/watch?v=5vIrlL7fiNgw>
- 1:30 **Standing Committee Reports, as needed-**
 - a. Executive Committee held on the 3rd Monday, 3pm-4pm Natalie Mettler
 - i. Council Development
 - b. Communications & Outreach Committee TBD
 - i. Support Services Committee
 - 1. ADRC Advisory Committee
 - 2. Nutrition Advisory Committee
 - c. SAC/DSAC Joint Advocacy Committee TBD
 - d. Home & Community Based Care Committee TBD
 - e. Disability Services Advisory Council held the 1st Monday, 2:45-4:30pm Diana Burney

Don't forget to complete Volunteer & Expense Reports and send to Nicole Dirks and Kathryn Zentgraf at ndirks@rvcog.org and kzentgraf@rvcog.org,

541-423-1386 155 N 1st Street PO Box 3275 Central Point, OR 97502

RVCOC is the designated Area Agency on Aging for Jackson and Josephine Counties providing services to seniors and adults with physical disabilities

Break

2:00 **Presentation:** Barbara Robertson, Operations & Policy Analyst 2 (Hard of Hearing Specialist), with Oregon Deaf & Hard of Hearing Services. She will present on assistive tech tools and communication tips. BARBARA.ROBERTSON@odhs.oregon.gov

2:30 **Adjourn**

Natalie Mettler