



Administration Office Area Agency on Aging

(541) 664-6674 • FAX (541) 664-7927 • www.rvcog.org

Senior Advisory Council (SAC) Agenda

Virtual meeting Monday November 03, 2025 1230-230pm

<https://us06web.zoom.us/j/89249620009?pwd=qKymfN131SKQPRswjwyj1fDarOc0ky.1>

Meeting ID: 892 4962 0009 Passcode: 734456 Dial in 1-408-638-0968

- | | | |
|-------|--|---|
| 12:30 | Welcome and Call to Order/Attendance | Natalie Mettler |
| 12:35 | General Meeting Business
a) Introductions of guests & public comments
b) Review and approval of October 06, 2025, Minutes
c) Additions to agenda
d) Announcements <ul style="list-style-type: none"> ○ Next scheduled meeting on December 01, 2025 ○ Save-the-date for an in-person SAC & DSAC Orientation, Thursday January 29, 2026 10am-1pm ○ We've scheduled an in-person SAC meeting for June 1, 2026, here at the RVCOG office | Natalie Mettler |
| 12:40 | AAA Leadership Reports | Ann Marie Alfrey, Jon Pfefferle, Monique Clark |
| 12:55 | Aging and People with Disabilities (APD) District Manager's Report | Jeremy Wolf |
| 1:05 | Featured Community Based Organization/Agencies: Aliah Darling adarling@columbiacare.org GPD Case Manager, Veterans Resource Center will speak about Columbia Care Veterans Programs | |
| 1:25 | Focus on Diversity, Equity and Inclusion
Microaggressions https://www.youtube.com/watch?v=hDd3bzA7450 | Equity Workgroup |
| 1:30 | Committee Reports, as needed-
a. Executive Committee held on the 3rd Monday, 3pm-4pm
https://us06web.zoom.us/j/88507930796?pwd=bPVIPAjK4I6Qfx4s8n6qLLa5DcMga2.1 Meeting ID: 885 0793 0796 Passcode: 371122 Dial in 408-638-0968

b. Communications & Outreach Committee held quarterly the 4th Monday 3:30pm-4:30pm. List of outreach tabling events at bottom of agenda. | Natalie Mettler

Eleanor Ponomareff |

Don't forget to complete Volunteer & Expense Reports and send to Nicole Dirks and Kathryn Zentgraf at ndirks@rvcog.org and kzentgraf@rvcog.org,

541-423-1386 155 N 1st Street PO Box 3275 Central Point, OR 97502

RVCOG is the designated Area Agency on Aging for Jackson and Josephine Counties providing services to seniors and adults with physical disabilities

<https://us06web.zoom.us/j/84285570860?pwd=z5dl7tH6fkQKDqBcvWsHjaEdCMlMp5.1> Meeting ID: 842 8557 0860 Passcode: 591525, Dial in 408-638-0968. **Next quarterly meetings:** January 26, 2026

- c. Council Development with C & O Eleanor Ponomareff
- d. SAC/DSAC Joint Advocacy Committee held on the 4th Monday, 12:30pm-1:30pm tbd
<https://us06web.zoom.us/j/85469347683?pwd=OnlzfRGAAbFbjlWTtNVGQLVxldDNMWg.1> Meeting ID: 854 6934 7683 Passcode: 931095 Dial in 669-444-9171
- e. Disability Services Advisory Council held the 1st Monday, 2:45-4:30pm Diana Burney
<https://www.zoomgov.com/j/1609468614?pwd=dE43Vk1UMFFQZlhnOFVTWmJobkhYQT09> Meeting ID: 160 946 8614 Passcode: 337095

Break

2:00 **Presentation:** Living Well, Senior Community Advisors, LeAnn Peabody, Senior Advisor,
LeAnn@LWsenior.com

2:30 **Adjourn** Natalie Mettler

Outreach opportunity for SAC volunteers:

11/8/2025 AARP Vital Aging Event 9-12pm. Set up time will be 8am, Rogue Valley Country Club