



Administration Office Area Agency on Aging

(541) 664-6674 • FAX (541) 664-7927 • www.rvcog.org

Senior Advisory Council (SAC) Agenda

Monday October 06, 2025, 1230-230pm

<https://us06web.zoom.us/j/89249620009?pwd=qKymfN131SKQPRswjwyj1fDarOc0ky.1>

Meeting ID: 892 4962 0009 Passcode: 734456

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|-------|--|--|
| 12:30 | Welcome and Call to Order/Attendance | Natalie Mettler |
| 12:35 | General Meeting Business | Natalie Mettler |
| | <ul style="list-style-type: none"> a) Introductions of guests & public comments b) Review and approval of September 08, 2025, Minutes c) Additions to agenda d) Announcements | |
| 12:40 | AAA Leadership Reports | Ann Marie Alfrey, Jon Pfefferle, Monique Clark |
| 12:55 | Aging and People with Disabilities (APD) District Manager's Report | Jeremy Wolf |
| 1:05 | Featured Community Based Organization/Agencies: Hearts for Seniors, Stephanie Miller, Regional Director, stephanie.m@hwam.org | |
| 1:25 | Focus on Diversity, Equity and Inclusion
Ageism https://www.youtube.com/watch?v=f7d6ceHwBOw | Equity Workgroup |
| 1:30 | Committee Reports, as needed- | |
| | <ul style="list-style-type: none"> a. Executive Committee held on the 3rd Monday, 1-2pm
https://us06web.zoom.us/j/88507930796?pwd=bPVIPAJk4l6Qfx4s8n6qlLa5DcMga2.1 Meeting ID: 885 0793 0796 Passcode: 371122 Dial in 408-638-0968 b. Communications & Outreach Committee held quarterly the 4th Monday 3:30pm-4:30pm. Next meeting October 27th. Zoom link will be sent out prior to meeting. List of outreach tabling events at bottom of agenda. c. Council Development with C & O | <p>Natalie Mettler</p> <p>Eleanor Ponomareff</p> <p>Eleanor Ponomareff</p> |

Don't forget to complete Volunteer & Expense Reports and send to Nicole Dirks and Kathryn Zentgraf at ndirks@rvcog.org and kzentgraf@rvcog.org,

541-423-1386 155 N 1st Street PO Box 3275 Central Point, OR 97502

RVCog is the designated Area Agency on Aging for Jackson and Josephine Counties providing services to seniors and adults with physical disabilities

d. SAC/DSAC Joint Advocacy Committee

Vacant

e. Disability Services Advisory Council held the 1st Monday, 2:45-4:30pm
<https://www.zoomgov.com/j/1609468614?pwd=dE43Vk1UMFFQZlhnOFVTVWmJobkhYQT09> Meeting ID: 160 946 8614 Passcode: 337095

Diana Burney

Break

2:00 **Presentation:** Rebuilding Together Rogue Valley. Kendyl Kaplan, Executive Director, kendyl@rbtrv.org

2:30 **Adjourn**

Natalie Mettler

Outreach opportunity for SAC volunteers:

- 10/11/2025 Illinois Valley Community Connections Expo
- 10/14/2025 Medicare Advantage Fair 2026

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