



Administration Office
Senior and Disability Services
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www.rvcog.org

Rogue Valley Council of Governments (RVCOG) Senior Advisory Council (SAC) Meeting Minutes

Monday, September, 2025, 12:30 pm to 2:30 pm, Hybrid meeting

<https://us06web.zoom.us/j/89249620009?pwd=qKymfN131SKQPRswjwyj1fDarOc0ky.1>

Meeting ID: 892 4962 0009 Passcode: 734456 Dial in 1-408-638-0968

PARTICIPANTS

- Ann Marie Alfrey – SDS Program Director/Executive Director
- Ava Walters – SAC Member
- Cherie Linnemeyer – SAC Member
- Diana Burney – DSAC Liaison
- Eleanor Ponomareff – SAC Member
- Jennine Greenwell – SAC Member
- Kerstin Sachse – SDS Staff
- LeAnne Turnbull – SDS Staff
- Luis Ibáñez – SDS Staff
- Natalie Mettler – SAC Chair
- Noriko Toyokawa – SAC Member

GUESTS

- Olivia Robinson -Age +
- Paul Golding – Former SAC Member – DSAC Member
- Sudhir Gautam – The Caresteward.com
- Mike Stanek-guest
- Angela Franklin-guest

SAC MEMBERS NOT PRESENT:

- Ana Gonzalez – APD D8, Deputy District Manager
- Deb McCuin –CSSU Liaison
- Jeremy Wolf – APD District Manager
- Jon Pfefferle – Nutrition Program Director
- Monique Clark – SDS Program Supervisor
- Sherill Boots – SAC Member

CALL TO ORDER – Natalie M. called the meeting to order at 12:31 pm.

GENERAL MEETING BUSINESS

Introductions of guests and public comments – Everyone briefly introduced themselves

Review and approval of August 04, 2025, Minutes –Cherie L. motioned to approve the August 04, 2025, minutes as written. Jennine G. seconded the motion. Motion passed unanimously.

ADDITIONS TO AGENDA

None.

ANNOUNCEMENT & OTHER TOPICS

Former SAC Member Paul G shared an update about the Disability Parking Taskforce. In particular problems that were discovered at WalMart. Several events are planned to increase awareness.

AAA LEADERSHIP REPORTS

SDS Director Report – Ann Marie A. reported

- Monique and Jon are at the O4AD Directors Retreat.
- A former Case Manager was rehired and she started on September 2nd.
- VDC Program is currently a subcontractor to Multnomah County. Transition to have contract directly with the VA is in progress.
- New kitchen will be housed at the former City of Central Point Publics Work Facility. ORW was hired for design process. The considered CDBG grant to help with remodeling the space is unfortunately not a possibility.

SDS Supervisor Report – no report

Nutrition Director's report – no report.

Aging and People with Disabilities District Manager Report – no report

Featured Community Based Organization/Agencies: Navigating the Healthcare Journey: A Partnership Model for Supporting Families in a Care Crisis, Sudhir Gautam Founder, The Care Steward
sudhir@thecaresteward.com, 1-844-500-0580

Focus on Diversity, Equity and Inclusion

57 Years Apart - A Boy and a Man Talk About Life <https://www.youtube.com/watch?v=BqSxjmvXzzY>
Followed by discussion

COMMITTEE REPORTS

Executive Committee – Natalie M. reported

- Upcoming agendas and presentations for the upcoming year were discussed
- Ava Walters was interviewed and recommended to the RVCOG Board.
- The need for Committee Chairs was discussed.

C&O Committee – Eleanor P. reported

- Meeting was held on August 25th
- Quarterly updates on the ADRC and Food & Friends were given

Council Development – no report

SAC/DSAC Joint Advocacy Committee – no report

DSAC – Diana B. reported

- No meeting was held in September
- DSAC will have a booth at the Medford Multicultural Fair on 09/27/25
- Next meeting is scheduled for 09/09/2025
- Sharen Y. was voted in and Joanna will join in October.

Olivia R shared some information about AGE+'s newest affordable and accessible housing for older adults opening in Talent right now. It's called Oro Vista Village, 26 1-bedroom units, rent \$795, and any folks 55+ experiencing low-income can apply NOW at [QPMcompany.com](https://qpmcompany.com)
I'm hosting two Application help sessions on site this Thursday, 9/11 from 4:30-7pm and Friday, 9/12 from 12-2pm. Reach out to me with any questions! orobinson@ageplus.org

Oro Vista Village
600 S. Pacific Highway, Talent, Oregon





This 26-unit accessible housing community will begin accepting applications in early September. Residents can expect to move in starting in October.

Qualifications
• 55+, low-income adults at 60% of AMI or less • 1-2 occupants per unit
Specifications
• 1 bedroom, ~550 sq feet • Units include new appliances, in-unit laundry, and mini split heating and cooling systems • Monthly rent is \$795 and includes internet, water, garbage, and sewer services
Applications
• For notification of application opening, complete an inquiry form here: https://ageplus.org/talent-housing-inquiry-form/ • AGE+ and QPM will host two application help sessions in September. Interpreting and scribing services will be available, along with rental and utility assistance and other community resources. Check ageplus.org for session dates and details.

Contact Olivia Robinson at AGE+ for help session details. Se habla español. orobinson@ageplus.org (541) 264-5570

Contact QPM with application, required document, or eligibility questions. victoriaharrisqpm@gmail.com (541) 776-7674

Oro Vista Village
600 S. Pacific Highway, Talent, Oregon





Esta comunidad de 26 unidades de vivienda accesible comenzará a aceptar solicitudes al principio de septiembre. Los residentes podrán mudarse en octubre.

Calificaciones
• Adultos mayores de 55 años con bajos ingresos que obtienen 60 % del ingreso medio del área o menos. • 1-2 ocupantes por unidad.
Especificaciones
• 1 dormitorio, ~550 pies cuadrados • Las unidades incluyen electrodomésticos nuevos, lavandería y sistema de calefacción y aire acondicionado minisplit. • La renta es de \$795. Incluye internet, agua, recolección de basura y alcantarillado.
Aplicaciones
• Para recibir una notificación de la apertura de aplicaciones, complete el formulario de consulta aquí: https://ageplus.org/talent-housing-inquiry-form/ • AGE+ y QPM organizarán dos sesiones de ayuda con la aplicación en septiembre. Se ofrecerán servicios de interpretación y transcripción, además de asistencia con el alquiler y los servicios públicos, y otros recursos comunitarios. Consulte ageplus.org para conocer las fechas y los detalles de las sesiones.

Contacte a Olivia Robinson de AGE+ para obtener detalles sobre la sesión de ayuda. Se habla español. orobinson@ageplus.org (541) 264-5570

Contacte a QPM si tiene alguna pregunta sobre su solicitud, los documentos requeridos o la elegibilidad. victoriaharrisqpm@gmail.com (541) 776-7674

Angela Franklin shared the upcoming Gero Competencies Series for Sept - Nov. FREE CEUs -- request registration by emailing: oabhi@optionsonline.org

2025 GERIATRIC COMPETENCIES SERIES
JACKSON, AND JOSEPHINE COUNTIES PRESENTS:

A free monthly workforce development training series focusing on geriatric competencies for medical and mental health professionals and paraprofessionals who work with older adults.
2 OR NASW CEUs pending

HOPE FOR THE BEST PLAN FOR THE REST

Navigating a Life Changing Diagnosis

Drs. Winemaker and Seow are authors of the new book 'Hope for the Best, Plan for the Rest' and co-hosts of the podcast 'The Waiting Room Revolution,' which are designed to make a palliative care approach accessible to all patients and families.

Participants will learn:

- What an early palliative care approach is (and isn't)
- The 7 keys that can lead clients and families to an 'in the know' experience.
- How you can use the 7 keys to be more proactive and less crisis-driven, by working more upstream and client-facing.



Nov. 13th 9-11 am
Virtual - live and interactive

Presented by:
SAMANTHA WINEMAKER, MD
& **HSEIN SEOW, PhD, BSc**
Authors and Founders of the Waiting Room Revolution

To register: <https://ofso-org.zoom.us/joining/register/1bsumkUoQy2TPuyST13WTQ>

BROUGHT TO YOU BY:



2025 Gero Competencies Series
A FREE WORKFORCE DEVELOPMENT TRAINING SERIES FOCUSING ON GERIATRIC COMPETENCIES FOR MEDICAL AND MENTAL HEALTH PROFESSIONALS AND PARAPROFESSIONALS WHO WORK WITH OLDER ADULTS.
2 OR NASW CEUs PENDING

MENTAL HEALTH ADVANCE DIRECTIVES: UTILIZING THE DECLARATION OF MENTAL HEALTH TREATMENT FORM WITH CLIENTS

with **DR. ANDREA AVILA**
JD, PhD Psychologist and Forensic Evaluator
My Mental Health Advance Directive

**Sept 11th
9-11 am**

MANAGING CHALLENGING BEHAVIORS IN RESIDENTIAL CARE SETTINGS

with **DR. MAUREEN NASH**
MD, MS, FAPA, FACP, DFAAGP, FRCPC board certified
in psychiatry and internal medicine

**Oct. 9th
9-11 am**

HOPE FOR THE BEST, PLAN FOR THE REST: NAVIGATING A LIFE CHANGING DIAGNOSIS

with **DR. SAMANTHA WINEMAKER
AND DR. HSEIN SEOW**
MDs Palliative Care, Health System Innovations, and
Family Medicine

**Nov. 13th
9-11 am**

To register email: oabhi@optionsonline.org

BROUGHT TO YOU BY:



The Older Adult Grief Group "Together in Grief" is happening twice a month at JoCo Senior Resource Center!! The flyer is attached to the minutes.

Cherie L. shared the Walk for Alzheimer's Event at Lithia Park for the Alzheimer's Association.

Information about the Senior Resource Fair and UNITE were shared.

ADJOURN – Natalie M. adjourned the meeting at 2:11 pm