

RVCOG Food and Friends | December 2024



MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
2 BBQ Smokehouse Chop Diced Onions Baked Beans Pickled Beets Wheat Hamburger Bun Hot Cinnamon Applesauce	3 Herbed Chicken Patty w/Poultry Gravy Brown Rice Sliced Carrots Spinach Lemon Bar	4 Birthday Special Meatloaf Brown Gravy Whipped Potatoes Green Beans Rye Bran Roll Chocolate Cake	5 Spaghetti/Meat Sauce Whole Kernel Corn Spinach Romaine Ranch Dressing Garlic Roll Fresh Banana	6 Around the World <i>New!</i> Greek Chicken <i>New!</i> Lemon Rice Sliced Carrots <i>New!</i> Tomato, Cucumber, & Feta Salad Fresh Orange
9 Beef Patty w/Peppers and Gravy Rosemary Potatoes Green Beans Oat Bran Wheat Roll Orange Delight	10 BBQ Diced Chicken Sandwich Baked Beans Whole Kernel Corn Wheat Hamburger Bun Vanilla Pudding	11 Breaded Pollock Fish w/Tartar Sauce Garlic Whipped Potatoes Sliced Carrots Multigrain Roll Joy's Applesauce Cookie	12 Chili Meatballs w/Zesty Tomato Sauce Penne Noodles Spinach Peas & Carrots Lime Whip	13 Chicken & Sausage Jambalaya Broccoli Confetti Corn Cornbread Fresh Orange
16 Beef Kettle Lasagna Sliced Carrots Creamy Coleslaw Garlic Roll Grace's Chocolate Bar	17 Birthday Special Meatloaf w/Brown Gravy Garlic Whipped Potatoes Green Beans with Red Peppers Sunflower Seed Bread Frosted Yellow Cake	18 Roast Pork w/Apple Chutney Sauce Brown Rice Peas & Carrots Romaine Iceberg Salad Chocolate Chip Cookie	19 Herbed Chicken Patty w/Creole Sauce Colcannon Potatoes Broccoli & Carrots Rye Bran Roll Orange Delight	20 Holiday Special Roast Beef w/Brown Gravy Whipped Potatoes Peas & Carrots Stuffing Rocky Road Pudding
23 Chicken Pastina Sliced Carrots <i>New!</i> Cabbage Vinaigrette Salad Oat Bran Wheat Roll Seasonal Fruit	24 Closed	25 Closed	26 Baked Ham with Raisin Sauce Sweet Potato Casserole Italian Vegetables Squash Bread Candy Cane Cake	27 Bavarian Stew Whole Kernel Corn Green Peas w/Pearl Onions French Bread Cinnamon Applesauce
30 <i>New!</i> Vegetarian Chili Glazed Carrots Winter Vegetables Cornbread Snickerdoodle Bar	31 Taco Tuesday Special Beef Taco with Cheese Shredded Lettuce & Tomatoes Black Beans Chuckwagon Corn Flour Tortilla Pineapple Nut Cookie	A suggested minimum donation is requested from seniors 60 & older. Non-seniors must pay full cost of the meal. 1% milk served with all meals.		ALLERGEN DISCLAIMER: This kitchen uses the following products in meal preparation: tree nuts, sesame, peanuts, soy, eggs, milk, fish, shellfish, wheat, and other products containing gluten. We cannot guarantee that menu items are free of allergens because we use shared equipment and handle common allergens throughout the supply chain.