

- VOLUNTEER WITH US
- BE AN ADVOCATE
- MAKE AN IMPACT



# Senior Advisory Council



## ADVOCATE FOR Older Adults & Adults with Disabilities

HELP PROMOTE AGING WITH  
DIGNITY & INDEPENDENCE

Volunteer with the  
**Senior Advisory Council**  
of the Rogue Valley  
Council of Governments

☎ 541.423.1373

✉ [sac@rvcog.org](mailto:sac@rvcog.org)

🌐 [rvcog.org/sds](http://rvcog.org/sds)

📘 [facebook.com/rvcogsds](https://facebook.com/rvcogsds)



# Senior Advisory Council

## BE A VOICE.

Senior Advisory Council (SAC) members are committed to advocacy and making a difference for older adults and adults with disabilities in Josephine and Jackson Counties, promoting better services, timely information and increased resources.

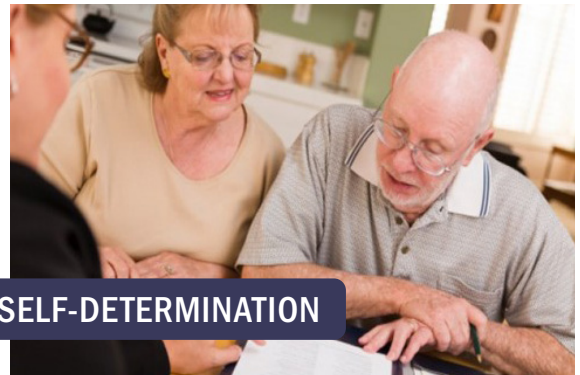
Members serve for three terms and commit to 4-6 hours per month in SAC meetings and Standard Committee meetings.

Virtual option available for meetings.

## HELP ADVOCATE & ADVISE ON TOPICS SUCH AS:



LIVING WITH DIGNITY



SELF-DETERMINATION



QUALITY OF LIFE



CAREGIVER SUPPORT

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