



Our volunteers provide more than a meal. They provide **friendship, connection,** and a **sense of belonging** to older adults in our communities.

Volunteer today to help at one of our many meal sites or to deliver meals in Jackson or Josephine county!

VOLUNTEER WITH US!

The Meals on Wheels Program of Jackson & Josephine Counties



Jackson County
541-734-9505

Josephine County
541-955-8839

www.rvcog.org