

From: [Jodi Wilson](#)
To: [Jodi Wilson](#)
Subject: COVID-19 update August 16, 2021
Date: Monday, August 16, 2021 2:07:24 PM
Attachments: [image001.png](#)

Dear Coggies,

In light of the recent community COVID-19 numbers and individuals testing positive in our locations, I wanted to remind staff that we will continue working in person but closed to the public. Outreach programs, home visits, and meetings will be conducted by phone or video meetings until further notice. We are, however, not resuming telework at this time. This is a difficult decision, but we are balancing the essential services we provide the community and the health and safety of our staff.

What you can do to prevent or reduce your chances of becoming ill from COVID-19

- Vaccines have been found effective in reducing the severity of illness
- Wear a mask over your nose and mouth when in public indoor spaces, including the office
- Stay 6 feet away from others
- Avoid crowds and poorly ventilated spaces
- Wash your hands often
- Cover coughs and sneezes
- Clean and disinfect common areas and work areas regularly with provided supplies. Please notify Finance or Human Resources if more supplies are needed.

If you have been exposed by being in close contact to someone who has COVID-19, the CDC guidelines have changed significantly with full vaccination status. Close contact is an exposure within 6 feet of someone for a cumulative total of 15 minutes or more 24 hours.

What to do if fully vaccinated:

- Fully vaccinated individuals do **not** need to quarantine after contact with someone who had COVID-19 unless they have [symptoms](#).
- However, fully vaccinated individuals should get tested 3-5 days after exposure, even if you don't have symptoms.
- Wear a mask indoors in public for 14 days following exposure or until test results are negative.

You also need not quarantine if:

- You tested positive for COVID-19 illness within the previous three months; **and**
- Have recovered; **and**
- Remain without COVID-19 symptoms (for example, cough, shortness of breath); **and**
- Follow the same 3-5 day testing after exposure and 14 day masking requirement under fully vaccinated section above.

What to do if unvaccinated:

- Stay home for 14 days after your last close contact with a person who has COVID-19.
- Notify supervisor of exposure and complete leave request form.
- Watch for fever (100.4°F), cough, shortness of breath, or [other symptoms](#) of COVID-19.
- If possible, stay away from people you live with, especially those at [higher risk](#) of getting very sick from COVID-19.

Our local public health authorities make the final decisions about how long quarantine should last based on local conditions and needs. Please follow the recommendations of your treating medical provider or the local public health department if you need to quarantine.

If you have any questions please let me know.

Best regards,

Jodi Wilson

Jodi Wilson, IMPA-CP
Human Resources Manager
Rogue Valley Council of Governments
155 N. 1st Street | P.O. Box 3275
Central Point, OR 97502
(541) 423-1335 Phone
(541) 423-1395 Fax

jwilson@rvcog.org

www.rvcog.org



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