

**From:** [Ann Marie Alfrey](#)  
**Subject:** Face coverings and social distancing  
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**Importance:** High

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Greetings Coggies,

Well, at long last the regulations requiring face coverings and social distancing in the workplace have been lifted. Effective today, face coverings are no longer required in RVCOG's Central Point office. PLEASE NOTE THAT REGULATIONS IN OUR GRANTS PASS SENIOR RESOURCE CENTER AND JACKSON AND JOSEPHINE COUNTY MEAL SITES ARE DEPENDENT ON FOOD & FRIENDS' POLICIES AND STATE RULES FOR SENIOR CENTERS. Staff working in non-RVCOG offices must follow the regulations set for their locations.

You may jump for joy and note that you forgot what some of your coworkers look like, but before you dump your face coverings in the trash remember that COVID is not actually gone. There are still positive cases in both Jackson and Josephine Counties. Further, face coverings are still recommended for those with compromised immune systems and/or at-risk household members. Those who wish to continue wearing face coverings in the office are welcome to do so. Anyone experiencing **mild** respiratory symptoms (congestion, cough, excessive sneezing) should also wear a face covering in the office. Anyone experiencing symptoms beyond mild should take a sick day and stay home.

Thanks everyone, and Happy 4<sup>th</sup> of July!  
Ann Marie

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