

RVCOG Food and Friends | April 2024

TRIO
a food company

MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY	
1	Turkey Tetrazzini Carrots Broccoli White Dinner Roll Snickerdoodle Bar	2	Birthday Special Meatloaf Brown Gravy Whipped Potatoes Peas & Carrots Sunflower Bread Chocolate Cake	3	Spaghetti & Meat Sauce Whole Kernel Corn Green Beans Garlic Bread Fresh Orange	4	Turkey Pasta Salad over Spinach Romaine Pickled Beets White Dinner Roll Applesauce	5	Around the World New! Szechuan Pork Garlic Noodles Kyoto Vegetable Blend Spinach Whole Wheat Bread Lemon Cookie
8	Macaroni and Cheese Parmesan Tomato Green Peas Wheat Roll Oreo Fluff	9	Chicken a la King Whipped Potatoes Cabbage & Carrots Wheat Roll Lime Whip	10	Sweet & Sour Chicken Brown Rice Tossed Salad Kyoto Vegetable Blend Chocolate Oatmeal Bar	11	Italian Sausage Sandwich Baked Beans Whole Kernel Corn Hamburger Bun Fresh Orange	12	Swiss Style Beef Patty w/Swiss Sauce Garlic Whipped Potatoes Green Beans w/Red Peppers Multigrain Roll Cherry Delight
15	Homestyle Pork Patty Pork Gravy Delmonico Potatoes San Francisco Vegetable Blend French Roll Mandarin Oranges	16	Cranberry Walnut Chicken Salad Sandwich Kidney Bean Salad Pickled Beets Wheat Bread (2 sl) Pineapple Tidbits	17	Birthday Special Meatloaf Brown Gravy Whipped Potatoes Cabbage & Carrots Garlic Bread Lemon Blondie	18	Caribbean Chicken Stew (Sanocho) Cucumber & Red Onion Salad Mixed Vegetable Blend French Roll Grace's Chocolate Bar	19	King Ranch Chicken Bake Green Beans w/Onions Whole Kernel Corn Honey Wheat Bread S'more Pudding
22	Earth Day Special Turkey Divan Bake California Vegetable Creamy Cucumber Salad Seven Grain Roll Lemon Cookie Milk	23	New! Greek Chicken Pasta Salad over Spinach Romaine Apple Cranberry Coleslaw Multigrain Roll Peaches Milk	24	Salisbury Steak Brown Gravy Whipped Potatoes Scandinavian Vegetable Blend Seven Grain Roll Confetti Cake	25	Roast Pork Apple Chutney Sauce Whipped Sweet Potatoes Mixed Vegetable Blend Seven Grain Roll Peanut Butter Cookie	26	Breaded Fish w/Tartar Sauce Glazed Carrots Spinach Rye Bran Roll Pineapple Fluff
29	Cheese & Green Chili Bake Stewed Tomatoes Green Beans White Dinner Roll Orange Delight	30	Taco Tuesday Special Beef Taco Lettuce/Tomato/Cheese Pinto Beans Chuckwagon Corn Flour Tortilla Snickerdoodle Bar	A suggested minimum donation is requested from seniors 60 & older. Non-seniors must pay full cost of the meal. 1% milk served with all meals.			Allergen Disclaimer: Our production kitchen uses the following products in meal preparation: tree nuts, peanuts, soy, eggs, milk, fish, shellfish, wheat, and products containing gluten. We cannot guarantee that all menu items are free of allergens. We use shared equipment and handle common allergens throughout the supply chain.		