



**Rogue Valley Council of Governments (RVCOG)  
Senior Advisory Council**

Date/Time: 12:30 – 2:30 p.m., Monday, September 10, 2018  
Location: Jefferson Conference Room, RVCOG, 155 N. 1<sup>st</sup> St., Central Point

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**Agenda**

- 12:30 Call to Order/Attendance ..... Nancy Randolph
- 12:35 General Meeting Business..... Nancy Randolph
- a) Introductions of guests & public comments
  - b) Additions to agenda
  - c) Review and approval of August 6, 2018 Minutes
  - d) Announcements
- 12:45 Committee Reports
- a) Executive Committee..... Nancy Randolph
  - b) Council Development ..... Pat Jenkins
  - c) Support Services/Nutrition .....Sandy Theis
  - d) Communications & Outreach .....Rhonda Lawrence
  - e) Advocacy ..... John Curtis
  - f) Disability Services Advisory Council ..... John Curtis
  - g) Home & Community Based Care Committee..... Nancy Randolph
  - h) Field Office Report..... Kathie Young
- 1:15 Director's Report ..... Laura O'Bryon
- 1:30 Break
- 1:50 Presentation - American Foundation for Suicide Prevention..... Dianna Dorn
- Information about upcoming Out of the Darkness event, information on educating the community and supporting those who struggle with surviving after a suicide
- 2:25 Other ..... Nancy Randolph
- 2:30 Adjourn ..... Nancy Randolph

***Members: Don't forget to complete Volunteer & Expense Report.***

**Meeting:** Senior Advisory Council (SAC) Meeting

**Date:** August 6, 2018

## **PARTICIPANTS**

- Alice Thomsen - Guest
- Chelsey Kirby – SDS Staff
- Erika Bekermeier – SAC Member
- Jean Carroll – SAC Member
- John Curtis – SAC Member
- Kathie Young – APD District Manager
- Laura O'Bryon – SDS Director
- Nancy Randolph – SAC Chair
- Pat Jenkins – SAC Member
- Rhonda Lawrence – SAC Vice-Chair
- Rodney Schroeder – APD Deputy District Manager
- Sandra Theis – SAC Member

## **SAC MEMBERS NOT PRESENT**

- Bernadette LaLonde
- Colleen Roberts
- Dan DeYoung
- Isleen Glatt
- Jamie Callahan
- Jim Bachman
- Linda Serra
- Richard Hoskins

**CALL TO ORDER** - Nancy called the meeting to order.

## **GENERAL MEETING BUSINESS**

**Introductions of guests and public comments** - Introductions were made.

**Additions to agenda** – None.

### **Review and approval of June 7, 2018 Minutes –**

Pat mentioned that she did not attend the meeting in June, but her name was listed as present. Minutes were approved as corrected.

**Announcements** –

- Sandy announced that OLLI is beginning their fall term. Catalogs are available in RVCOG lobby.
- Sandy also shared that Isleen Glatt is the new Superintendent for the Ashland Senior Services.

## **COMMITTEE REPORTS**

**Executive** – Nancy reported.

- They discussed the Candidate Forum.
- They considered presentations for future SAC meetings.
- Dianna Dorn, can give a 30 minute presentation at the next meeting 9/10/18 “Talk, Safe, Wise”. She is a volunteer for Suicide Prevention.

**Council Development** – Pat reported.

- Pat shared she currently has no applications. There might be a few coming in soon.

**Support Services/Nutrition** – Sandy reported.

- They have not met.

**Communications & Outreach** – Rhonda reported.

- They discussed the Food & Friends building in Grants Pass. Michael has contacted the County to ask for half of the shortfall of the remaining budget for the Senior Resource Center.
- They discussed what their focal point should be. They talked about focusing on education in general.

**Advocacy** – John Curtis reported.

- John reported that they talked about the O4AD and how they can be more involved with the Association. John asked the Council if they would be interested in attending O4AD trainings. Several members agreed.
- John also asked the Council if they would be interested in reading SAC meeting minutes from other districts within the state. The council discussed perhaps being able to view them on a website as opposed to receiving several emails.
- John shared that they spent time discussing the issues of the lack of mental health benefits for Medicare recipients. They considered using a survey to collect data from the health care professionals.
- The Candidate Meet and Greet will be on September 14<sup>th</sup> from 7:30 – 8:30 am.
- The Deaf/Hard of Hearing Committee is looking for sponsors for the Medical Provider Forum coming up on September 27<sup>th</sup> (in Medford) and 28<sup>th</sup>. (in Grants Pass) They are also working on becoming a 501(c)(3).
- Jim, Jamie and Anne will be meeting with other SAC members to speak with candidates.

**Disability Services Advisory Council (DSAC)** – John Curtis reported.

- Darla from HASL shared about the STEPS program. (They teach clients how to hire and manage home care workers.)
- They elected new officers and have a new council member.
- Once the Deaf & Hard of Hearing Forum flyer is approved, it will be emailed to SAC.
- A member of the Deaf and Hard of Hearing committee will have a Continuing Legal Education (CLE) presentation on the lack of deaf support from the justice system on August 22<sup>nd</sup>.

**Home & Community Based Care** – Nancy reported.

- The Committee discussed the effects that the rule changes for the ADL's are having on clients. They talked about monitoring those that were no longer meeting the criteria when the rules changed. They discussed the EWE (Extended Waiver Eligibility) as well.
- Nancy shared how useful it is to receive rule changes and notice updates from the Rules Advisory Committee via email. Nancy received a notice this morning about a webinar and was able to join in. It was about the training for Dementia care requirements.

**Field Office Report** – Kathie reported.

- Kathie talked about how her staff really stepped up and stayed late to assist seniors in the line of the Penninger fire in Central Point. She spoke about how they make sure homes are prepared for these kinds of emergencies.
- She shared about the new website: [www.findadultfostercare.com](http://www.findadultfostercare.com) that shows open beds for adult foster homes in Jackson and Josephine counties based on different criteria. This website is updated by the AFH providers themselves.

**Director's report** – Laura reported.

- Connie received an award for the Lifelong Housing program at the National Conference of the National Association of Area Agencies on Aging and Disabilities. The project came in 3<sup>rd</sup> among 45 projects across the nation and won \$1,000 cash award.
- Connie showed the 4 different PSA's that were created for the Lifelong Housing project. These were made possible by an AARP grant we received.
- Laura handed out the RVCOG SDS volunteer flyer, Aging and Human Services Partners Afternoon Tea flyer, the OLLI flyer on the class, "Let's Talk about Aging: More Topics to Consider" taught by Ellen Waldman and Laura O'Bryon and a N4A Legislative Update printout.

**Presentation:** Nancy Randolph – Types of Older Adult Living & Care Facilities

- Nancy presented information on options for different types of senior living facilities.

**ADJOURN** – Meeting adjourned at 2:26 p.m.



# WALK TO FIGHT SUICIDE

**OUT OF THE DARKNESS** Community Walks  
Suicide Prevention Starts With Everyday Heroes Like You. Register Today.

**Saturday, September 15<sup>th</sup>**

The Commons at Pear  
Blossom

For more information, contact: Ashley Cay  
[acay@roguecu.org](mailto:acay@roguecu.org)

Check In: 9:30 AM

Walk Time: 10:30 AM

REGISTER TODAY: [www.afsp.org/Medford](http://www.afsp.org/Medford)



AMERICAN FOUNDATION FOR  
Suicide Prevention

[afsp.org/walk](http://afsp.org/walk)

**WALK. VOLUNTEER. DONATE.**

**SENIOR AND DISABILITY SERVICES ROGUE VALLEY COUNCIL OF GOVERNMENTS  
MONTHLY VOLUNTEER REPORT**

**Volunteer Name:** \_\_\_\_\_

**Mailing Address:** \_\_\_\_\_

**Month / Year:** \_\_\_\_\_

Date	Project / Activity	Donated Time (Hours)	Donated Miles	Donated Other
<b>Totals</b>				

Signed \_\_\_\_\_ Date \_\_\_\_\_

**ROGUE VALLEY COUNCIL OF GOVERNMENTS**  
**MONTHLY VOLUNTEER EXPENSE REIMBURSEMENT REQUEST**  
 This form effective December 1, 2008.

Name / Address / Phone: \_\_\_\_\_

Month / Year: \_\_\_\_\_

Date(s)	Project / Destination	Miles Driven	6410	6430	6420	6904	Fund	Dept	Prog	Source	Task
			Mileage	Meals	Lodging	Misc.					
							20	40	004	073	00
							20	40	004	073	00
							20	40	004	073	00
							20	40	004	073	00
							20	40	004	073	00
							20	40	004	073	00
							20	40	004	073	00
							20	40	004	073	00
							20	40	004	073	00
							20	40	004	073	00
<b>Totals</b>							20	40	004	073	00

**Total Expenses:** \_\_\_\_\_

\_\_\_\_\_  
 Senior Advisory Council Member Signature / Date

\_\_\_\_\_  
 Supervisor's Signature / Date