

Meeting: Senior Advisory Council (SAC) Meeting
Date: January 7, 2019

Participants

- Berta Varble – SDS Staff
- Cherish Dominger - Guest
- Erika Bekermeier – SAC Member
- Isleen Glatt – SAC Member
- John Curtis – SAC Member – via phone
- John Irwin – Guest– via phone
- Kathie Young – APD District Manager
- Laura O'Bryon – SDS Director
- Linda Hildebrand - Guest
- Liz James - Guest
- Nancy Randolph – SAC Chair
- Pat Jenkins – SAC Member
- Richard Hoskins – SAC Member
- Sandra Theis – SAC Member
- Stef Seffinger - Guest

SAC Members Not Present

- Colleen Roberts
- Dan DeYoung
- Jamie Callahan
- Jean Carroll
- Jim Bachman
- Linda Serra
- Rhonda Lawrence

Call To Order - Nancy called the meeting to order at 12:36 p.m.

General Meeting Business

Introductions of guests and public comments - Introductions were made.

Additions to agenda – None.

Review and approval of December 3, 2018 Minutes –

Pat moved and Erika seconded approval of the minutes as written. Motion passed

unanimously.

Announcements –

- Sandy announced that OLLI's second term begins today.

Committee Reports

Executive – Nancy reported.

- They will be meeting in January.

Council Development – Pat reported.

- Pat shared that there are two applicants. Both have attended two meetings. It is time to schedule interviews.

Support Services/Nutrition – Sandy reported. No meeting in December.

Communications & Outreach – Rhonda reported. No meeting in December.

Advocacy – John Curtis reported.

- They met December 10, 2019.
- Covered topics:
 - Letter writing.
 - Articles. John thanked Erika for facilitating publication of an article, "Increasing Access to Mental Health Care for Seniors" on 12/28/2018 in the Psychotherapy Networker.
 - Congressional changes and process – the bill we are championing has not been introduced yet.
 - National Alliance on Mental Illness (NAMI) re: expanding Medicare reimbursement for Mental Health Counselors.
 - AARP advocacy.
 - New expanded mental health unit at Rogue Valley Medical Center uses the sanctuary model of service delivery.
 - Trauma informed care.
 - Adopt-A-Legislator – State legislators are gearing up for the new session which starts next week.
 - Next Advocacy Committee meeting is Monday, 1/14/19 at 1 p.m. at RVCOG. They will be working on a formal media outreach plan.

Disability Services Advisory Council (DSAC) – John Curtis reported.

- They are going to review the new member orientation manual.
- They have a new member, Bonnie Huard, Medford Americans With Disabilities Act (ADA) Coordinator.

Home & Community Based Care – Nancy reported.

- No meeting in December.

Field Office Report – Kathie and Rodney reported.

- Kathie is delaying her PowerPoint presentation on Aging and People with Disabilities (APD) strategic planning effort till more work is completed.
- APD is trying to get the Homecare Worker time capture system automated. There are a lot of contracting and connectivity issues. APD is starting anew with a new contractor.
- The state's Rules Advisory Committee needs members.
- The Integrated Eligibility Pilot is still targeted for this fall.
- The statewide CAM (Centralized Abuse Management) system is up and running.
- The Asset Verification System (AVS) is a federal requirement. The system will simplify/streamline the entire asset review part of the eligibility process. It helps track down account numbers, etc. which many senior struggles to find. It provides a snapshot in time.

Director's Report – Laura reported.

- Staff will meet to review and give input on the priorities from the December 14 Strategic Planning for Caregiver Initiatives meeting. December 14 participants thought it was a very useful meeting. They learned a lot about what RVCOG is already doing and talked about how to use volunteer time. It was important to bring all of the interested groups together so that we are able to focus.
- Connie Saldana is working on two initiatives:
 - The American Leadership Forum of Oregon completed its Urban Rural Connection Project regional dialogue meetings and has generated an interim summary report. Laura provides copies to the SAC. The purpose of the meetings was to better understand how the urban-rural divide is defined, how it impacts communities, and how we might re-focus the boarder dialogue to what connects us, instead of what divides us. Connie was one of a cohort of 11 leaders that represented diverse geographies, identities, and sectors members. The American Leadership Forum is looking for projects – maybe broad band access would be helpful to rural areas? John Irwin reports that the governor just signed legislation to fund broad band access. Coincidentally, the Sunday, January 6, 2019 Mail Tribune ran an article, "The urban-rural divide in Oregon has become more pronounced."
 - Connie is at the lead of an effort to build a national coalition focused on Lifelong Housing.
- Laura provides copies of "15 Tips for Visiting People with Memory Loss this Holiday Season."
- RVCOG has set up a GoFundMe page to solicit donations for the Josephine County Senior Resource Center. She hands out a copy of "The Renovation That Turned Into A

- Rescue” and asks for help in getting the word out about the need to raise more money.
- There will be an Aging and Human Services Partners Afternoon Team, from 1:30 – 4:30 p.m., January 28, 2019. Guest Speaker, Bill Gallagher, Founder of Team-Works will present on “Helping the Helpers: Compassion Fatigue, Burnout and Self-Care.”
Registration and information: rvcog.eventbrite.com

Presentations

Adult Protective Services (APS), Mary Sharkey Christian one of Aging and Disability Services APS Supervisors, presented.

Powerful Tools for Caregivers Workshop Leaders - Lauren Champagne, SDS Direct Services Supervisor, made a plea for help in recruiting volunteer leaders.

Other

Adjourn – Meeting adjourned at 2:27 p.m.