



Be an Advocate for Seniors — Join the RVCOG Senior Advisory Council!

The Senior Advisory Council is seeking new members who want to be a voice for seniors in Jackson and Josephine Counties. Members come with various backgrounds, experiences and skills. They are committed to advocacy and making a difference for seniors living in these counties. The Council advises the Rogue Valley Council of Governments Senior and Disability Services in providing programs funded by the Older Americans Act and Oregon Project Independence. Services include: Aging and Disability Resource Connection (ADRC) services; Family caregiver services; Health promotion; Homecare and personal care services; In-home outreach services; Legal services; Food and Friends meals program; Respite; Service coordination; and Transportation. The Council also assists with new program development to meet emerging needs, explores the impact of key issues and emerging trends affecting seniors, and promotes quality community-based care.

Expectations for Council members: Participate actively in monthly Council meetings and serve on at least one of the Council's Standing Committees:

- **ADRC Advisory Committee:** Advises the ADRC on the needs of area seniors and people with disabilities.
- **Advocacy Committee:** Provides advocacy on aging issues at the local, county, state and national levels.
- **Communications & Outreach Committee:** Increases visibility of programs in the community; solicits ideas for additional services, partnerships and funding sources.
- **Home and Community-Based Care Committee:** Identifies issues related to home and community-based care and makes recommendation for Senior Advisory Council advocacy and action.
- **Nutrition Advisory Committee:** Reviews Food and Friends Meals Program outcomes, including surveys of clients and volunteers.
- **Support Services Committee:** Monitors RVCOG programs and services.

Time commitment includes an initial 6-8 hours in program orientation and 4-6 hours per month in Council meetings. Members serve for three years and may choose to continue for an additional three-year term. Mileage and pre-approved expense reimbursement are available.

For more information or to request an application, contact:

Senior and Disability Services, RVCOG

P.O. Box 3275, 155 North First Street, Central Point, OR 97502

Call 541-423-1384

The Rogue Valley Council of Governments (RVCOG) is a voluntary association of local governments in Jackson and Josephine counties. Through its Senior and Disability Services (SDS), it assists seniors and adults with disabilities. As the Area Agency on Aging and Disabilities for this district, the RVCOG has developed a network of services to help seniors and adults with disabilities live with dignity and independence.