

## **What does the Senior Advisory Council (SAC) do?**

The 23-member council:

- Serves as an informational and advocacy group for Jackson and Josephine County seniors.
- Advises and assists with program development and service implementation.
- Participates in an active, working Council that has meaningful impact.
- May represent the SAC at State and Quarterly meetings.

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## **How often does the Council meet?**

Monthly Council meetings are held on the third Tuesday from 1:30 – 3:30 in Central Point.

## **How long do members serve?**

Three years. Members may choose to continue for an additional three-year term.

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## **Are there other expectations?**

Members also serve on at least one of the following Committees:

The Advocacy Committee is responsible for informing the Council on senior issues, sponsoring and supporting legislation to further goals of SDS RVCOG, building appropriate coalitions and acting on behalf of the Council for the benefit of older persons and disabled adults served by SDS RVCOG.

The Long-Term-Care Committee is responsible for advising SDS RVCOG's Long-Term-Care and Financial Services programs for older persons. Services within this area include nursing facility care, residential care, foster care, in-home care, case management, protective services, outreach, financial and

medical benefits and information and referral.

The Nominations Committee is responsible for nominating Council officers and recruiting, screening and recommending Council nominees to the Council.

The Support Services / Nutrition Committee is responsible for advising SDS RVCOG in providing its Older Americans Act programs. Services within this area include the Food & Friends Senior Meals program, information and assistance, legal services, transportation, respite, case management, medication management, family caregiver services and health promotion services.

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**Call 541-423-1384**

## What is the total time commitment?

Total time spent includes an initial 6-8 hours in program orientation and then 8-10 hours per month in Senior Advisory Council activities.

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## Is reimbursement available?

Mileage and pre-approved expense reimbursement is available.

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## Who is SDS RVCOG?

The **Rogue Valley Council of Governments (RVCOG)** is a voluntary association of local governments in Jackson and Josephine counties. Through its **Senior and Disability Services (SDS)**, it assists seniors and adults with disabilities. As the Area Agency on Aging and Disabilities for this district, the RVCOG has developed a network of services to help seniors and adults with disabilities live with dignity and independence.

## For more information or to request an application, please contact:

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## ROGUE VALLEY COUNCIL OF GOVERNMENTS

## SENIOR ADVISORY COUNCIL

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Speak up for area seniors as a member of the Rogue Valley Council of Governments Senior Advisory Council.

**Call 541-423-1384**